Congratulations to the students who performed at the Instrumental Music Soiree last week. It is always a delight to see students who have not long started learning to play an instrument have the courage to perform in front of an audience, some of them for the first time. The opportunity to learn about, appreciate and play music is an asset for life. Studies have found that music uses both sides of the brain, a fact that makes it valuable in all areas of development. It is fantastic that so many parents value this part of their child’s education and we have many students learning an instrument at school.

If you have not done so already, I encourage you to book your tickets for Circus of Dreams; the primary students and teachers have been working hard rehearsing and preparing for the production this year. I’m sure the experience will be well worth it! The confidence and skill development of the children will be on show, and we are in for a treat.

The Year 9 students will be embarking on the major event of their program; they will be participating in either a City Experience or a tour to the Northern Territory including a visit to the Lilla community. They have spent a lot of time in preparation for this and will bring back memories which will stay with them for a long time. I would like to thank Mrs Rachael Gilbert for her enthusiastic and capable organisation of these experiences, and the staff who have supported her in the preparation of both events.

Margaret Buttigieg

On Tuesday 30 August, the Music Department held its Term 3 Instrumental Soiree. We were treated to a wonderful evening of music which included a great variety of performances. It was again very encouraging to see so many first time performers get up and have a go. Thank you to the family, friends and staff who supported the evening. Congratulations to all the students who participated in the concert. They were all so impressive and should be very proud of their performances.
Uniform Shop hours are:
Mondays 3.00 pm to 5.30pm
Thursdays 8.30 am to 10.30am

**MEDIA EXCURSION**

On Tuesday 30 August the Year 11 Media class went along to NEP Studios in Southbank to view a taping of ‘Family Feud’.

This excursion allowed the students to see the process involved in filming television and observe the specialist roles involved in the production.

It was also an opportunity to see Grant Denyer in the flesh and laugh at the outtakes and crazy jokes that will never make it to air!

It was a great experience for all involved.

Natalie Burns,
Head of Drama

On 6 August, at an Annual Awards evening for my martial arts club (Allstars), I received two prestigious awards, one being the Ishoa Cross and the other being the teaching title of Dai Senpai. The Ishoa Cross is awarded to female students for their fierce determination in training and dedication to their club.

Dai Senpai is an assistant instructor to the head teacher. At this level the recipient is recognised as having a high level of competency and understanding in the Martial Arts and the ability to continue the tradition of teaching others. This is symbolised by the ‘red’ gi.

It was an honour to have been nominated by my students and instructors. It’s an amazing feeling being able to teach others what I was once taught by my instructors.

**PLAYGROUND SUPERVISION**

Playground supervision is provided from 8.35 am to 3.25 pm. There is no supervision after this time. Students should not be playing on the playground equipment and should have been collected by their parents by this time.

**CIRCUS OF DREAMS**

With only a couple of weeks until show time, the excitement is building. Costumes have been organised, songs have been learnt, and of course dance moves and circus skills are being perfected! There has been a lot of work that has been completed behind the scenes for our Circus of Dreams production - a secret staff item is being rehearsed (TOP SECRET!), a CD has been produced and we have some fabulously talented students who have been very busy rehearsing some items of their own for your enjoyment. So don’t miss out - get your tickets now at www.trybooking.com/MICQ.

Bronwyn Kyne,
Performing Arts Teacher

Congratulations to Siya 3B for being the winner of our CD competition. You have won two complimentary tickets as well as a copy of our Circus of Dreams CD.

Thank you to all the students who entered. Have a look out for your artwork in our program!

**TERM’S NOTICE**

Parents are reminded that a term’s notice in writing is required if a student is to leave the school. Failure to supply this notice will mean payment of a term’s school fees.

You are also reminded to ensure you have submitted a separate enrolment form for all of your children in order to ensure they receive priority placement in the school in future years. This cannot be guaranteed if we do not have the enrolment form.
Jade De Z
Year 12 Student Leader

I have been at Casey Grammar School since I was in Year 7. Now, as I complete Year 12 I appreciate the many qualities of the school, the biggest of which is its sense of community.

The subjects I enjoy the most are French and Drama because they afford me different experiences from what I would get from my other subjects. My favourite pastimes are reading and, occasionally, drawing.

I became a part of the Student Leadership Team because I wanted to help make Casey Grammar the best it could be. This year I look forward to helping my fellow leaders in accomplishing that goal, or even just to get that little bit closer to reaching it.

YEAR 12 STRESS MANAGEMENT PROGRAM - Will B

This term saw the Year 12 Stress Management Program get underway and it has turned out to be a great success. The Program has involved a variety of activities, run at lunch times on a Wednesday and Friday, all with the hope of relieving some of the stress our Year 12 students experience due to the approaching VCE exams.

Year 12 have been invited to participate in Meditation activities where Georgia, the facilitator, showed us how to use meditation to relieve stress, as a long term method, as well as, a quick 2 minute technique. We found out that the simple technique of standing up as tall as possible and breathing in and out for 2 minutes can add confidence and relaxation to a person very easily.

Lots of students joined me in karate and exercise too, during lunch, and it was great to have their involvement and support. Students have experienced the quiet relaxation that comes with colouring-in and in just plain laughing. A large mural that represents the Class of 2016 is being designed thanks to the participation of the students in the program.

Of course, the fun of karaoke was too much to miss out on, so lots of students joined the Class of 2016 in the singalong (and dance along) in the VCE rooms last week. Some students showed remarkable talent in grabbing the microphone and belting out a number or two, however, some seemed particularly shy at giving it a go.

Shy isn’t the word Year 12 would now use to describe Mrs Elvish after hearing her singing “Another One Bites the Dust”. Also, who would have missed Mr Delaney and Mr McGreal doing a duet?

Since this was the first time we have run such a program, the Year 12 Leaders will be surveying the participants soon so that we can gauge what needs to be added, changed or removed from any future programs. It is clear though, many Year 12 students enjoyed the activities and hopefully, will benefit from the ideas presented as they near the VCE exams.

‘WE WILL ROCK YOU’ EXCURSION - Natalie Burns

On Wednesday 31 August the Year 9, 10, 11 and 12 Drama and Music classes ventured into Melbourne to view the musical ‘We Will Rock You’.

The worldwide hit integrated the music of Queen into a futuristic story where live music is banned on Earth.

The students were blown away by the music, the lights, the costumes and of course the amazing performances of a relatively unknown cast.

It provided inspiration for the students in their own performance work and gave them some something to aspire towards in their own futures.
PARENTAL CONTROLS ON THE INTERNET - Alan Clarke, School Psychologist

I recently had a very upset mother speak with me about internet safety. She had found out that her daughter, age 13, was having sexually explicit chats online and that one of the people chatting with her was a male aged 26. She was being groomed to send explicit pictures of herself.

Parental controls help monitor and limit what your children do online. There are many tools available and they all offer different functions, with some even allowing parents to limit the time children spend on specific websites or games. By far and away the better protection is through education, negotiation and insisting that cyber activity is done in a supervised area, such as the lounge room or kitchen. The following points are important in protecting children on the internet.

No tool is 100% effective at blocking access to inappropriate content. They are a good tool to encourage communication with children about their online activities. Currently there are more effective tools for use with PCs and Macs than with mobile, tablet devices and game consoles. Additional parental supervision is required with these. Parental control tools have difficulty filtering content within social media sites and messaging services, including video messaging services like Skype. Parents need to talk to their children about the social media sites they are using, who they communicate with and what they are accessing. Most parental controls do not filter internet access from game consoles. There are very few developed specifically for particular game consoles. Most tools for mobiles and tablets involve using a specific internet browser to block content. If children use a different internet browser they bypass the parental control tool. Apps often bypass any parental control tools.

For more details on the Platform for Internet Content Selection (PICS) refer to http://www.cybersafetysolutions.com.au/

CYBERPATROL allows parents to restrict access to certain times of day, limit the total time spent on-line per day and per week, block access to specific Internet resources and sites by content (using Cyberpartrol's objectionable sites list), block or allow specific Internet resources and sites according to your own preferences, and control access to major online services and other local applications such as games and personal financial managers.

CYBERsitter filters pre-defined offensive Internet sites (WWW, Newsgroups, Chat Lines, FTP, etc) that are maintained in a filter file that is updated regularly (almost daily) and available for all users to automatically upload as often as they like, for free. It also uses smart phrase technology to anticipate offensive sites as well as to block offensive words and language in incoming and outgoing e-mail. CYBERsitter also monitors and maintains an alert file of any offence that occurs and optionally can track every internet site visited for the parent to review.

None of these controls are as effective as honest, two-way communication with your children about cyber safety.

YEAR 4 EXCURSION - Mrs Kate Grech

To complement our topic on the Olympics, Year 4 recently attended an excursion to the ‘Victorian Institute of Sport.’
On arrival we were greeted by Paralympian Maddy Hogan. She will be heading to the Rio 2016 Paralympics soon to compete in the Javelin throw.

We were lucky enough to have a tour around the VIS, participate in some fitness training and listen to two upcoming champion cycling and rowing athletes. It was very interesting to hear how hard they have worked with their training and nutrition.

PFC NEWS - Pam Foley

The PFC hope everyone had a relaxing Fathers’ Day. Thank you to all the teachers, staff, volunteers and Year 9 students who made the Fathers’ Day Stall a success. We hope your fathers, grandfathers or special friends enjoyed their presents.

We will be forwarding the profits of the stall to the Year 9 fundraising efforts.