Our 2015 musical production takes place this week. I trust our school families will support the staff and students who have been working extremely hard all year to make *Hairspray Jnr* a success. Many, many hours of singing, dancing, acting, painting sets and the many other things that need to be put together to make a production come together, have gone into this show. I know the students have enjoyed their whole experience, and have taken on challenges that many of them wouldn't have expected. A very big thank you to Miss Natalie Burns and Mr Ben Peake for their commitment, to the staff and students who have supported them in many ways – construction of sets, props, music, technical and backstage crew. I'm sure you will enjoy and be impressed with the production!

I would like to congratulate a number of our students whose work was selected to be exhibited in the Independent Schools Victoria Annual Student Art Exhibition: Abigail E, Gemma K, Shae W, Danielle B, Caitlyn H, Tiana Z, Vanessa Ma, Chris O, as well as two students from last year, Tiarna S and Luq Z have work in a variety of media in the exhibition. The exhibition was officially opened last Wednesday evening in the city, and celebrates the individual achievement of each student.

Arts education, both in the performing and visual arts, is important in the overall success of students’ intellectual and personal development, and it is wonderful to celebrate the achievement of our students in the arts.

Margaret Buttigieg

**COURAGE TO CARE**

An inspiring day began with a truly touching story of courage, hurt, loss and hope. A 93 year old Jewish survivor of the Holocaust spoke to us about her life’s journey through very hard times, and how she had been touched by the courage of others. This speech began our day in the Drama Centre of Lyndhurst Secondary College, where Casey Grammar Year 10s were participating in a volunteer-run program called ‘Courage to Care’. The intention of this program was to teach us about the heroes of the past and show us how we can be heroes in our own environments. And it definitely did that! Following the speech, we explored the courageous acts of past heroes worldwide. We found some local heroes in the exhibition; their biographies displayed in the halls of Lyndhurst. The stories told us that we don’t have to change the world and solve every problem to be a hero, but we just have to try to make a lasting difference for the people around us.

Later, our classes split up into smaller groups to further explore the meanings of heroism. We also discussed how we could stand up and help someone without putting ourselves in danger. Importantly, we discussed how we should be courageous enough to care for those who need us. This short session was more than just educational. This session inspired us. It made us consider how we could care for others. It made us understand how we could find the courage to care.

We left with a kit-bag full of skills. Furthermore, we had listened to a person who could give us firsthand knowledge of some of the horrific experiences she had endured during WWII. However, through her experiences of seeing many courageous acts, she could tell us that what kept her alive was her faith in humanity. 

Bradley H Year 10 O

One of the Holocaust survivors from Courage to Care.
Uniform Shop hours are:
Mondays 3.00 pm to 5.30pm
Thursdays 8.30 am to 10.30am

The 2nd hand uniform shop will open on the last Friday of each month.

Don’t forget – our 2015 School Production of ‘Hairspray Jnr’ takes to the stage this week!
Tickets are still available online at the following link: http://www.trybooking.com/143462
$10 for Adults and $5 for students.
Please come along and support the students in what is set to be a really fantastic show.

Synopsis:
It’s 1962, and spunky plus-size teen Tracy Turnblad has one big dream - to dance on the popular Corny Collins Show.
When she finally gets her shot, she’s transformed from social outcast to sudden star. In balancing her newfound power with her desire for justice, Tracy fights to dethrone the reigning Miss Teen Hairspray, Amber von Tussle, and integrate a TV network in the process. With the help of her outsized mom, Edna, and guest DJ Motormouth Maybelle, the rhythm of Tracy's new beat just might prove unstoppable.

On Tuesday 25 August the Year 8 Boys and Girls Hockey team ventured to Frankston Hockey Club to compete against the other schools in their district. The boys played very well winning their first two games convincingly which meant they progressed into the grand final against Alkira. Unfortunately for the boys they were unable to get over the line and win, but all played very well, and their sportsmanship was admirable. Player of the day went to Thomas V.
We had a strong team of girls who are passionate about hockey and their performance on the day was a reflection of this. The girls won both of their games; the first game they won 5-0 and the second game 3-0. Player of the day went to Olivia A.
Overall it was a fantastic result which highlighted the fighting spirit of both teams who played with such intensity all day and the girls were rewarded with the tournament win.
All the best to the girls for their next round.

On Thursday 10 September selected members of the ‘Hairspray’ ensemble will be performing in the City of Casey ‘Schools on Stage’ competition.
This competition pits schools from the local area off against each other in a battle to see which school has the best musical for 2015.
Casey Grammar will be entering two routines from the upcoming show in the hope of bringing home the title! The competition is held at Hillcrest Christian College and will be hosted by Tim Campbell.

Tickets for the showcase are available online at: www.trybooking.com/hvup

On Tuesday 25 August, selected Year 5 and 6 students went to Hoop Time. There were four teams from Casey Grammar; All Star Boys, who won almost every game and won the Grand Final, All Star Girls, won all their games, Casey Grammar Future Star Celtics, who won every game but unfortunately lost the semifinals and the Casey Grammar Future Stars Cowboys, who won lots of their games as well. All these teams did very well at Hoop Time this year. The All Star Boys and All Star Girls are lucky enough to go through to the next round. We are all very proud of how Casey Grammar went at Hoop Time this year! A big thank you to the Year 9 coaches and Miss Bishop for all their help in organising the day.
Caitlyn B 6R
AROUND THE SCHOOL

‘BONSAI’ PARENTING - Alan Clarke, School Psychologist

The Age on 9 August featured an article by Cosima Marriner describing recent publication by Clinical Psychologist, Judith Locke, in her new book, *The Bonsai Child*. Ms Locke’s position is that we’re raising *Bonsai* children, coddled from the realities of life. A *Bonsai Child* is a term for children who are over-nurtured according to Locke and describes children today who are reared in extremely controlled environments and assiduously cultivated by their parents. There is an over-emphasis on the child’s happiness, and an expectation they will excel at life, which can breed anxiety and perfectionism in the child.

Locke says a bonsai upbringing stunts children's development, as they never learn how to adapt to different or difficult circumstances. They grow up anxious, overly dependent on others, lack resilience, have poor life skills and can behave badly.

"A child who has been given the perfect childhood can't cope with the less than perfect realities of adult life," Locke says.

Locke says parental guilt often lay behind over-parenting – guilt the child wasn't born naturally or breastfed, was placed in childcare at a young age, had two working parents, or had separated parents. Other parents were reluctant to be tough with their kids because it was a struggle to conceive them, they were sickly or they had experienced some extreme danger.

Psychologist Bill Campos said that parenting was a ‘careful balance’ between anticipating your child’s problems and letting them experience problems in a way that builds resilience.

According to Locke, signs you’re a helicopter parent

- You pack your child’s school bag each night so they don’t forget anything
- You hide in the bushes to spy on your child at lunchtime to see if they’re playing with others
- You email your child's school to demand your child doesn't have to do a detention
- You lobby the school to get your child into a particular class/sporting team/drama production
- You set up play dates for your child even when they're a teenager
- You complain to your child's boss about them being passed over for promotion or subject to critical feedback

While I think that Locke has some useful perspectives, I strongly recommend that any parent who believes that their child is presenting with psychological distress ought to contact myself or another mental health professional.

TEENAGE ROAD ACCIDENT GROUP PRESENTATION

On Wednesday 26 August the Year 11 and 12 students were all involved in the TRAG (Teenage Road Accident Group) presentation.

This was a 45 minute presentation where students heard from an array of different people from the wider community including an Ambulance Officer, Police Officer, SES volunteer, CFA firefighter as well as surviving victims and relatives of road accidents.

This was a very raw and confronting experience and all guest speakers had a compelling message to relay, were brave, honest and moving in the way they told their personal stories. With road safety being a major issue in today's society it was very fitting and has left a lot of us thinking about our behaviours on the road.

For further information on road safety and the TRAG Group please visit the following website.

http://www.trag-vic.org/index.htm And DRIVE 4 A LIFE

Emma Conolly

‘There was not a dry eye amongst 300 students as loved ones and emergency workers described the horrific and confronting tragedies that they have endured. It was an awakening for all of the learner and P plate drivers to stay alert and stay alive when driving. It reminded us all to drive for life and the entire cohort would like to thank the presenters for sharing their heart wrenching stories, so that we could all learn from their experiences’. Samantha C Y12
FROM THE CHAPLAIN - Robert McUtchen

Dear friends

What do CFA, RSPCA, St Vincent de Paul, footy coaching and the Salvation Army have to do with Casey Grammar? Casey Grammar students volunteer in these, and many other organisations throughout the area. Volunteering is the theme of Term 3 Chapels – the offering of ourselves, our time and our talents in the service of others. We are reflecting on two examples of “biblical” volunteering which involved risks, leaving ones “comfort zone” and being brave.

The first example focused on the Prophet Isaiah who offered himself as an early “volunteer” when he responded to an awesome vision of God by saying “Here am I, send me” (Isaiah 6). The second concerned Jesus’ disciple Andrew who, when a crowd of 5000 need feeding, volunteered a small basket of bread and fish to feed the multitude. These stories demonstrate the way God waits for us to offer ourselves, then takes and magnifies whatever we do so it becomes many times more valuable.

Trent Holland – Volunteer Fire Fighter with Narre Warren CFA, told us about the incredible feeling of elation and camaraderie that follows the completion of a difficult task – volunteering benefits society, but the personal satisfaction and pleasure he gains are just as important. Students were encouraged to seek opportunities to volunteer in some capacity in their community.

People have been committing through the 40 Hour Famine this year. It is good to report an interim $964.05 raised by students and staff. Top Casey Grammar Team member so far is Tanvi with $257.50! Congratulations also to Steph $182, Ashley $126 and Jaime with $112.50, and well done to Immi, Maneesha, Rowan and Corey. It is not too late to sponsor your child or grandchild in the 2015 Famine.

Grace and Peace be with you.

BOOK WEEK

This year the students from Casey Grammar have been fortunate to have been visited by two talented children’s authors – Tristan Bancks and Kym Lardner. Kym came armed with an ability to draw, play the guitar and a range of ridiculous voices which he used to humour and entertain the students as he retold stories including his very first book, “The Sad Little Monster and the Jelly Bean Queen.”

Tristan Bancks spoke to the students from Year 6 and 7 at the Cranbourne Library. He talked about how he uses his iPad and iPhone to collect images and sounds, as well as recording written information about the characters, setting and plot in an old leather diary. This is all part of the research process that helps to bring his stories to life. When asked if he writes a rough copy, he explained that he pens an outline or plan and follows this up by up to 9 drafts before he sends a copy to his publisher.

Tristan read a chapter from his new book “Two Wolves,” to a captivated audience, showing that all the research and hard work not to mention talent has clearly paid off. Mal Dunkley

PFC NEWS

Father’s Day is getting closer so don’t forget the PFC’s Father’s Day stall being held on Wednesday 2 September 2015 and again from 8:30am until 9:00am on Friday 4 September 2015. All items are $5.00 each with a maximum of 2 items per child. Please bring a bag to carry your items. We will also be open at morning recess for any secondary students who want to purchase items. Pam Foley